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# Girl In A Fix: Quick Beauty Solutions (and Why They Work)



## Synopsis

Surprise zits, stinky feet, and renegade hair knots don't come with fix-it manuals. But, good news -- you can conquer them all with things found right in your kitchen, bathroom, or high school cafeteria! Want to know how to heal your hickey faster? How to reverse a bad dye job? Using household items like tomatoes, cooking spray, and coffee grounds, the beauty solutions in *Girl In a Fix* can bail you out of the worst cosmetic disasters. You'll also learn the scientific reasons why these solutions work. Think you'll need a lot of money to be beautiful? Think again. All you really need are some smarts.

## Book Information

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Age Range: 12 and up

Grade Level: 7 and up

## Customer Reviews

Somer Flaherty lives in San Francisco, California. She is an editor at *Marin Magazine*, a freelance writer, and a former editor for the national teen newsmagazine *Loud*. When not writing, she likes to people-watch and test wacky beauty tips on her friends. Jen Kollmer is a San Francisco-based freelance writer, a filmmaker, and a former engineer. Her dramatic works have been published in *Fourteen Hills* journal and staged at the Kennedy Center and in the Marin Headlands.

*Girl in a Fix* is a great little reference book for every girl. It goes through all the little annoyances in life and tells you how to deal with them. For example, Use too much hair product and now have greasy hair? Sprinkle some baby powder on and run your fingers through. It helps absorb the

grease. There are other great tips about dealing with skin, hair, and nail problems. All of the solutions are cheap and easy to make. Recommended for all teen girls.

This book was probably one of the best beauty tip books I've ever read. The whole thing is super small and is therefore ideal to carry around in a purse or backpack. The illustrations are very cute and the layouts are fun. If you've got oily skin and need to impress someone at school, you'd be surprised by how quickly you can get a shine-free face just by popping into the girl's bathroom. If you need to moisturize, there are simple household items that you can utilize. And there are tons of great facts about the science behind all of the tips. It's really one of the best quick, simple reads about beauty that is also very informative.

I really loved reading this book! It is really informative and I know that it'll come in handy. It gives you tips on foot odor, chlorine hair, zits, oily skin, and a lot more. I love the "On the run" section because it gives you tips on things you can do while you're "on the run"! For example, they give you info about using a spork for eyelashes, or spraying perfume on a cotton swab. What's amazing about this book, though, is that it even gives you reasons to why the solutions work, which will come in handy if your friends ever question your methods. This book has a ton of easy tips and I highly recommend it.

I definitely enjoyed and got a lot out of this book. There were quite a few things in it that I would never have thought of before in my life. Also a lot of the fixes in this book are pretty natural and are good too, not to mention making things easier to find in your house helps you to spend less money on stuff. Natural things are a lot better for you and this book contained some really great ideas that can definitely help you out of some bad situations and without spending your paycheck on unneeded stuff.-Lisa M., 16, NY

This book is the perfect size and has the perfect information. The quick fix sections have saved me on multiple occasions just as I was about to leave the house. For example, used the handy trick to get rid of deodorant marks and it worked like a charm. The explanations for each remedy made me want to try each thing more because they were all so interesting to see how household items and foods can help with things like blackheads and greasy hair.

After reading *Girl in a Funk*, I decided I should get *Girl in a Fix*. Most days, I never wear makeup

because it just takes too long and too much time. But Girl in a Fix gave me simple solutions that I never thought about, for example, using art brushes as make up brushes. Also, I hate painting my nails because it always leave a yellow stain behind, but Girl in a Fix taught me how to fix that - LEMON JUICE! If you want to learn to to make eyeshadow your lip gloss and cheek blush, get this book!

This book is an excellent gift idea for a niece or daughter - really, for anyone who has had to deal with puffy eyes, an unwelcome zit or a bad hair day. The tips are easily accessible and make a lot of sense - I particularly like the scientific basis for most of the advice. The writing style is fun and I would definitely recommend this book if you're looking for straightforward beauty advice that doesn't talk down to teens, but is still useful to us in our thirties.

In high school, there are times when you feel insecure about how you look and you can't find ways to fix it. After gym, your makeup is smeared and your oily. After lunch, your breath stinks. And you're also dying for those highlights that all the cheerleaders have. This book tells you how to blot oil by using toilet seat covers, and highlight your hair by yourself. This book helps you find cheap ways to satisfy your expensive desires.

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